

# Surgery News

Spring  
2019

## Barkerend HC & Hillside Bridge

Barkerend Health Centre BD3 8QH  
Hillside Bridge Health Centre BD3 OBS  
www.drakbarssurgery.nhs.uk

Special  
Edition

01274 033888

### Surgery Times

We are open  
Monday- Friday from 8.00am to  
6.30pm.

Appointments Available at both  
Dr Akbar's at Barkerend Health  
and Hillside Bridge  
Phone lines open at 8.00am

### Making your appointment

There are different ways to make  
your GP appointment. Appointments  
can be made on the day or in  
advanced if you phone from 8.00am.  
These are on a first-come-first-serve  
basis and **may** be triaged. You can  
also book your GP appointment on-  
line using the System Online Services.  
If you want to have on-line access,  
please speak to a member of staff  
who can arrange this for you. *Please  
try to avoid calling early morning for  
anything other than a GP  
appointment.*

### Tell us...

Straight away if you are unable to  
attend your appointment.  
This is very important as lots of  
appointment times are lost to  
patients who do not turn up.

The practice follows a very strict DNA  
(Did not attend) policy. This means  
that re-current non-attendees will  
risk losing their registration at the  
surgery.

## Big News!

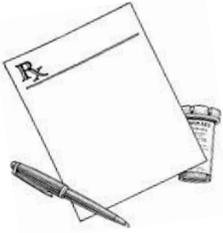
You may already be aware that Dr Akbar and his team are moving to Hillside Bridge Health Centre. The move will take place over the next few months. However this transition period could take longer. You will be given the chance to have your say about this move by either attending the Patient Participation Group (PPG) meetings or coming into surgery and leaving your written feedback. We hope that you will choose to stay with us.

There have been several reasons for this merge. Central location, better access, a more modern building with more space for extra services. More importantly better security and disabled access. Dr Akbar and his Business Manager, Mohammed Shaid are very keen to turn things around at Hillside Bridge and believe that they can do this. It will take time and we appreciate your patience whilst this merge is going through. The team are committed to providing the best service possible for all our patients, from both sites. Your feedback is very important to us. We welcome all feedback to ensure that we are able to provide you with what you need.

### Is your child up to date with their vaccinations?

Please contact surgery if you are not sure.  
Vaccinations are very important.

Health Vistor's Appointments available at Hillside Bridge



## Ordering Prescriptions

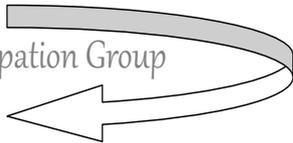
You can order a prescription in the following ways:

**Please note – We are no longer taking prescription requests at the counter.**

- **By phone** :Between 10.00am and 2.00pm only
- **In the surgery**: There is a prescription request box that you can use whilst the surgery is open.
- **System Online** : If you are not already registered to our online services and would like to be, please bring in photo id, such as your passport or driving licence for us to take a copy of.
- **By post**: This can be done by using the counterfoil on your last prescription. Just tick the items you need and post it to us. If you enclose a stamped addressed envelope we will be happy to post your prescription out to you.
- **Your local pharmacist** :May offer a service where they can collect and deliver your prescriptions for you. Talk to them about this free service.

**It is your responsibility to order your medication. Please allow at least 48 hours for us to do your repeat prescriptions. Please be aware that we will not give out prescriptions to anyone without patient's consent**

**Dr Akbar's**  
Patient Participation Group



### Future Meetings

Thursday 30th May 2019 at 5.30pm,  
Thursday 29th August 2019,  
Thursday 19th December 2019  
Thursday 21st March 2020 5.30pm,  
20th June 2020 5.30pm,  
26th September 2019  
16th January 2020



The practice has an active Patient Participation Group and we are always keen to involve more of our patients. We want you to have the opportunity to have your say in how services are run at your GP surgery. Your suggestions and opinions are important to us and they will help in our decision making here at the practice. The Business Manager, Mohammed Shaid will attend as many of these meetings as possible. Other clinicians will also attend on a rota basis, including Dr Akbar. Speak to your Patient Engagement Lead – Vikki about anything you feel is appropriate and would help with the practice.

Information about upcoming meetings will be on our website and on our notice boards in the surgery.

## Extended Access

For patients who work or are unable to come into surgery during the normal opening hours we may now be able to offer you an appointment between 6.30pm and 9.30pm at an alternative health centre. Some of the health centres included in this access are:



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- Picton Medical, BD8, • Shipley Medical, BD18; • The Ridge BD7.

If you need to see a GP, have a blood test, a smear test or even see physiotherapist then please speak to your receptionist about these extended access appointments. There is more information about this service on our website.

### Your Clinical Team

Dr Usman Akbar –LEAD Male GP

Dr Kenneth Law – Male GP

Dr Syed Razi –Male GP

Dr Alam Khokhar – Male Gp

Dr Gulrez Khan – Male GP

Dr Arshid Khan – Male GP

Dr Mehmooda Naeem –Female GP

Dr Nadia Tariq – Female GP

Miss Shaf Hussain – Lead Nurse Mrs

Yvonne McPhail – ANP, QN Miss

Sultana Bi – ANP

Miss Fariza Zaman – ANP

Miss Soobia Akhter – HCA

Miss Saiqa Shaukat – HCA

Mrs Raheena Khan - HCA

### Your Administration Team

Mr Mohammed Shaid – Business and Practice Manager

Miss Sabah Fayyaz – Office Manager

Mrs Vikki Hunt – Patient Engagement Lead

### Admin & Reception Staff.

Mrs Bushra Malik

Mrs Sarah Toothill

Miss Erzsebet Furus

Mrs Vikki Hunt

Miss Louise Mavin

Mrs Susan Robertson

Mrs Iveta Makulova

Miss Haleema Akbar

Miss Naila Taj

Mrs Samee Ahmed

Mrs Haris Shaid

Mrs Tracey Knapper – Patient Coach

**I AM  
RESEARCH**

Be part of the solution

**Research Active Practice!**

**I AM  
RESEARCH**

Be part of the solution

National Institute for Health Research (NIHR), advocates closer public involvement in NHS research and innovation. The British people have high hopes for their healthcare. The NHS will throw 'everything' at it. Includes the very latest that research can bring to their hospital bedside, GP surgery or their home.



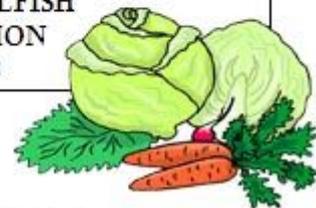
# Healthy Food

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| R | R | B | R | L | C | O | D | N | L | L | S | M | H |
| E | T | R | A | E | R | L | N | A | U | I | N | T | E |
| A | I | O | S | M | A | T | S | I | P | V | M | W | R |
| D | C | C | P | O | N | R | Q | L | O | P | O | E | R |
| O | H | O | B | N | B | G | U | Y | V | N | L | U | Y |
| P | O | L | E | C | E | B | A | N | A | N | A | E | T |
| S | L | L | R | B | R | F | S | F | M | C | V | S | O |
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MILK  
YOGURT  
APPLE  
BANANA  
BROCOLLI  
CHERRY  
CHEESE  
BREAD  
APRICOTS

AVOCADO  
CANTALOUPE  
RASPBERRY  
TOMATO  
CRANBERRY  
LEMON  
LIME  
FIG  
ONION

ARTICHOLES  
GINGER  
SPINACH  
SQUASH  
GARLIC  
PEANUTS  
SHELLFISH  
SALMON  
CRAB



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*Hillside Bridge are temporally not registering new patients. There are other practices in the area that are also accepting new patient registrations.*